








December 2009



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1. 9:00 Hairdresser 10:00 Chapel * 10:30 Tuck Shop-R 10:45 Fitness * 1:45 One-To-One-M 3:30 Trivia-W	2. 10:00 Tuck Shop-R 11:00 Catholic Mass * 1:30-4:30 Christmas Decorating-R/M 	3. 10:00 Chapel * 10-12 Christmas decorating-W/C 1:30-4:30 Christmas decorating wreaths and garlands 3:30 Ukulele Perf.-M	4. 9:00 Hairdresser 10-12 Christmas decorating finishing touches 1:30-2:30 Christmas Sing-a-long Party-W	5. 10:45 Fitness* 2:00 Name That Tune-R 3:30 Manicures-M
6. 10:00 Chapel *	7. 10:00 Spiritual Reflections-R 10:00 Sewing* 11:00 Spiritual Reflections-C 1:30 Spiritual Reflections-W 1:45 One-To-One-M 3:30 Spiritual Reflections-M 3:30 Mental Aerobics-R	8. 9:00 Hairdresser 10:00 Chapel * 10:30 Tuck Shop-R 10:45 Fitness* 11-4 Shopping and Lunch at Lougheed Mall 1:45 Mental Aerobics-W 3:30 Balloon Toss-M	9. 10:45 Visit and Walking-C/M 10:00 Tuck Shop-R 9:30 Resident Council* 2:00 Volunteer Christmas Tea*	10. 10:00 Chapel * 1:00 Pamper Me-All Houses 6:30 Lions Club Christmas Party*	11. 9:00 Hairdresser 10:30 London Heritage Farm Trip 10:45 Fitness* 1:45 Bingo-W 3:30 Mental Aerobics-M	12. 10:45 Fitness* 2:00 Sing-a-long-W 3:45 Relaxation-C
13. 10:00 Chapel *	14. 10:00 Spiritual Reflections-R 10:00 Sewing* 11:00 Spiritual Reflections-C 1:30 Spiritual Reflections-W 1:45 One-To-One-C 3:30 Spiritual Reflections-M 3:30 Mental Aerobics-R	15. 9:00 Hairdresser 10:00 Chapel * 10:30 Tuck Shop-R 1:45 Manicures-R 3:30 Trivia-W 7:00 Christmas with Michelle	16. 10:00 Tuck Shop-R 11:00 Holy Communion* 1:30 Rhythm Band-R 1:30 Balloon Toss-C 6:30 Christmas Lights Tour with Trish 3:30 News and Views-W 3:30 Word Games-M	17. 10:00 Chapel * 10:45 Fitness* 1:45 One-To-One-W 1:45 Caroling Visits-All Houses 3:30 Mental Aerobics-M 6:30 Christmas Lights Tour with Cindy	18. 9:00 Hairdresser 10:45 Fitness* 10:45 Balloon Toss-M 1:45 Bingo-W 3:00 Sing-a-long-W	19. 10:45 Fitness* 3:45 Walk and Talk-C 2:00 Harp Performance *
20. 10:00 Chapel *	21. 10:00 Spiritual Reflections-R 11:00 Spiritual Reflections-C 1:30 Spiritual Reflections-W 2:00 Sewing* 3:30 Spiritual Reflections-M 6:30 Christmas Lights Tour with Judy	22. 9:00 Hairdresser 10:30 Tuck Shop-R 10:45 Fitness* 10:45 Racquetball-M 1:30 Pamper Me-W/C 6:30 Candlelight Service* for Willow and Camelia	23. 10:00 Tuck Shop-R 10:30 Sing-a-long-C 10:45 Fitness* 1:30 Pamper Me-R/M 6:30 Candlelight Service* for Rosa and Magnolia 	24. 10:00 Chapel * 10:30 Racquetball-M 10:45 Fitness* 10:45 Christmas Sing-a-long-C 1:45 Mental Aerobics-M 1:45 One-to-One-R 1:45 Bingo-W 3:30 Caroling-All Houses	25. Merry Christmas 	26. BOXING DAY 
27. 10:00 Chapel *	28. 10:00 Sewing* 10:45 Racquetball-W 1:45 One-to-One-W 1:45 Arts and Crafts-M 3:30 One-to-One-C 3:30 Mental Aerobics-R	29. 9:00 Hairdresser 10:00 Chapel * 10:30 Tuck Shop-R 10:45 Fitness* 1:45 Manicures-R 3:30 Trivia-W	30. 11:00 Tuck Shop 10:00 Sing-a-long-C 10:00 Balloon Toss-W 2:30 Birthday Tea "Old Friends" 	31. 10:00 Chapel* 10:45 Fitness* 10:45 Music Appreciation-M 1:45 Bean Bag Toss-R 1:45 Racquetball-W 3:30 Mental Aerobics-M 3:30 New Westminster 150 th Discussion Group-W		* Multi Purpose Room W/Lib. Willow Creek Library <u>Location Key</u> R-Rose Garden W-Willow Creek M-Magnolia Grove C-Camelia Park